Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Wednesday, July 9, 2025

Phrases that indicate Monadic Embodiment

Core Phrases of Monadic Embodiment

"I Am That I Am."

– The eternal presence recognizes itself. No identity, no story—just being.

"There is no me—only awareness appearing as this."

– The separate self dissolves into pure witnessing.

"The One is living through this form, not as a visitor, but as itself."

– Full divine expression, not a channel, not a fragment—the One is here.

"All that I am is God in motion."

– The Monad moves and acts through the embodied being.

"I do nothing. The Father within me does the works."

– (Jesus, John 14:10) – Ego surrendered; divine will flows unhindered.

"There is no division between spirit and matter. All is one light."

– No split between earthly and divine. Full integration.

"I am the presence before thought, before time, before form."

– Recognition of self as the eternal root of all manifestation.

"This body is an instrument of the Divine, played by silence."

– The body is no longer personal, but a sacred vessel.

"There is only God. Everywhere I look, I see myself."

– Oneness is not philosophical; it is the living reality.

"The Monad is not speaking through me—it is me."

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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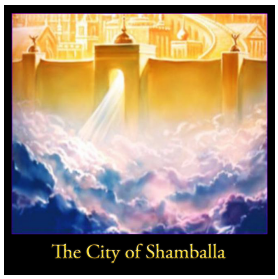

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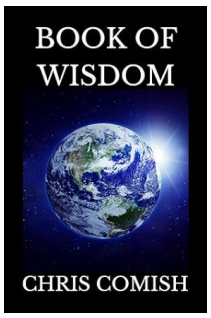

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– No longer channeling the higher self. You are it.

- July 09, 2025

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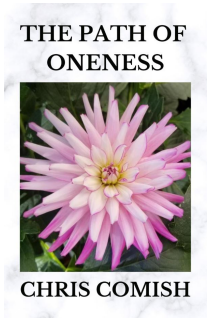

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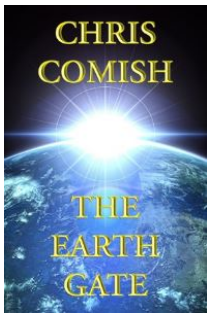

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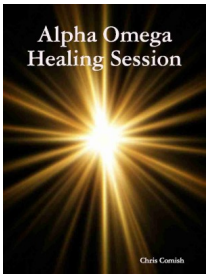

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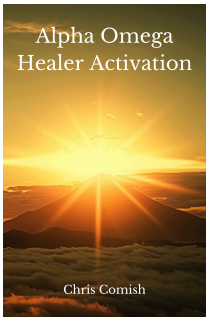

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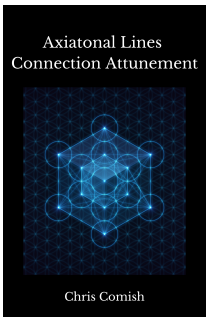

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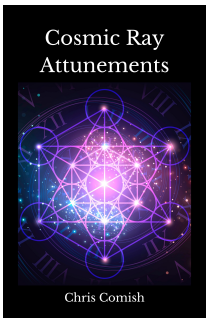

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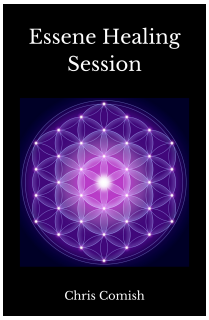

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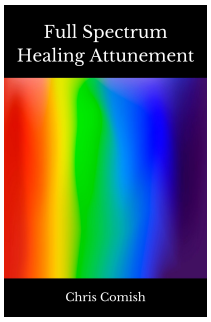

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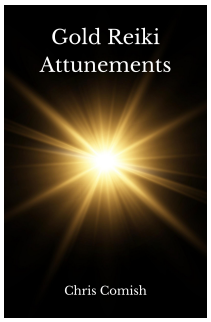

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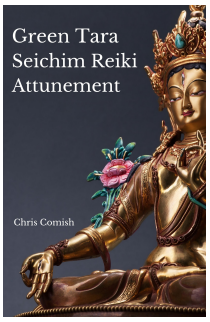

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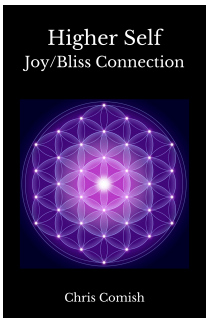

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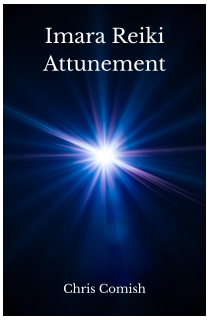

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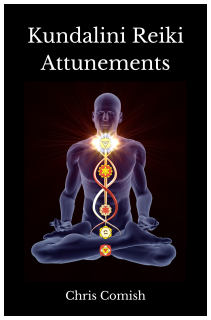

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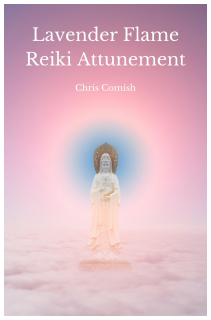

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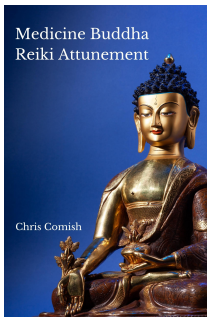

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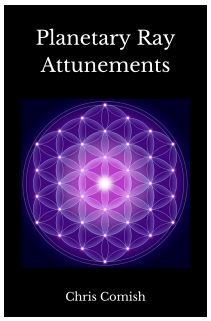

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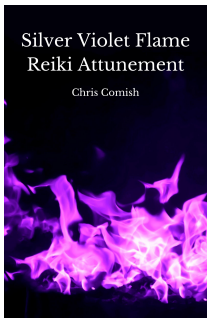

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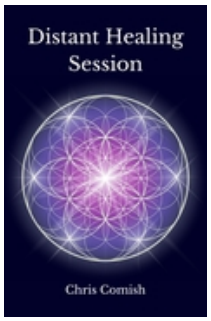

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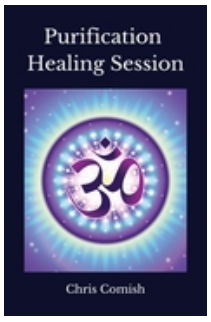

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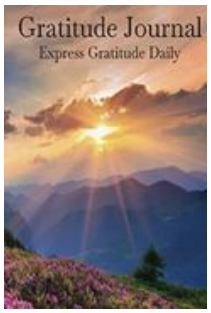

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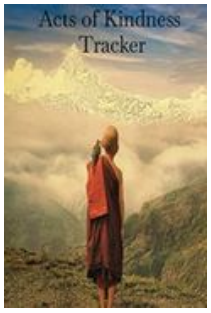

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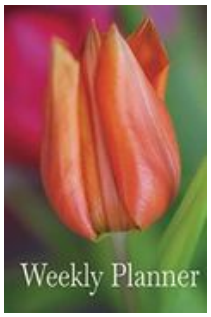

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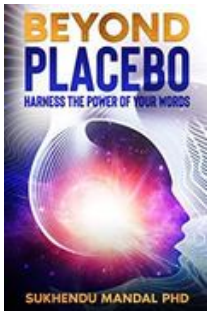

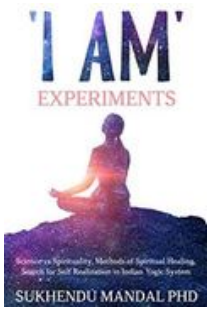

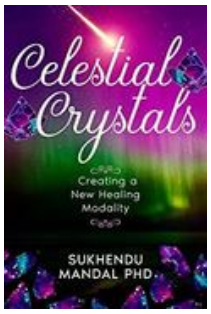

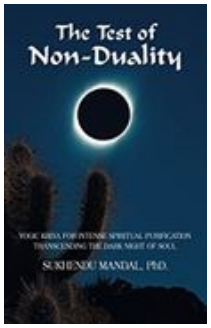

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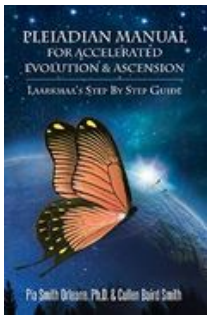

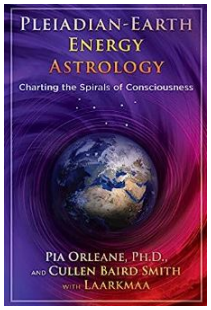
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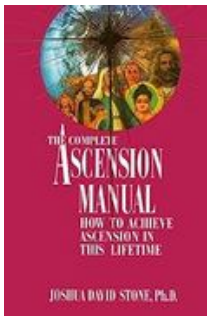
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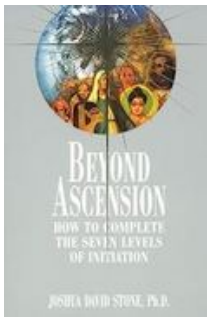
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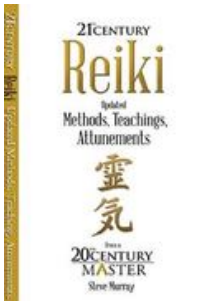
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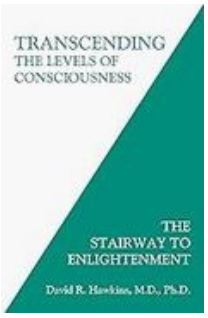
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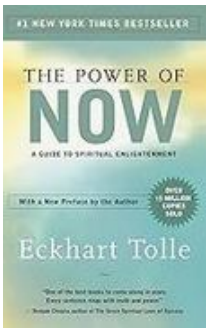
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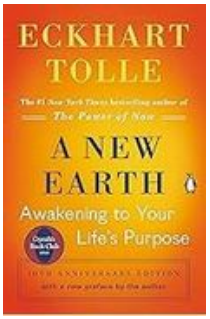
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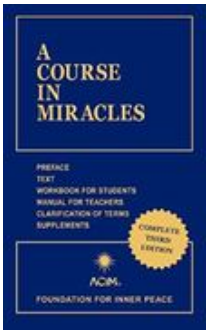
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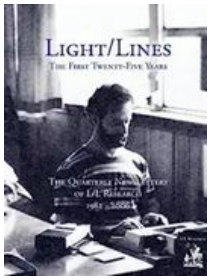
FOUNDATION FOR INNER PEACE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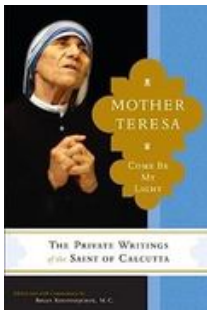
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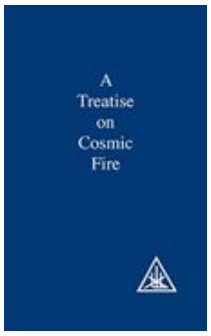
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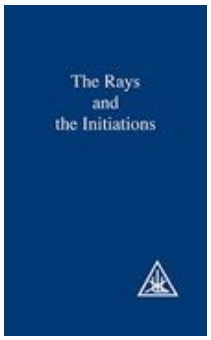
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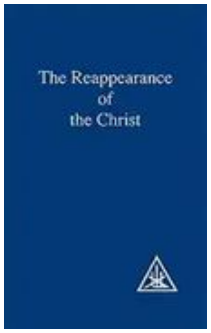
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The
Externalisation
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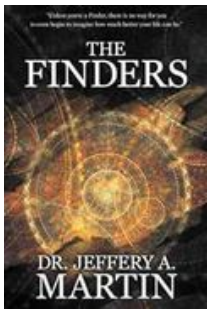
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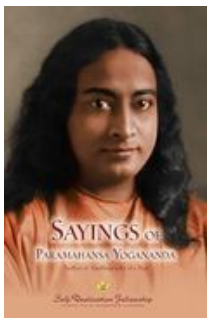
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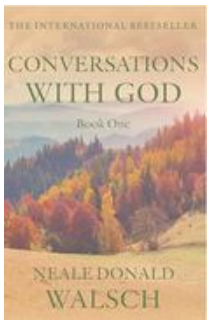
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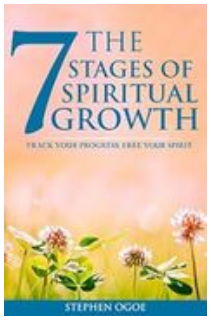
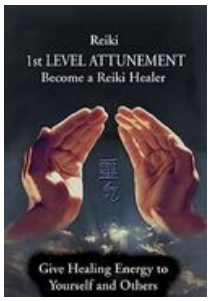
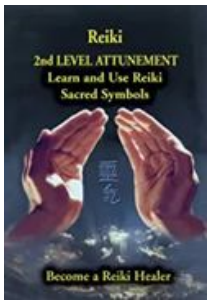
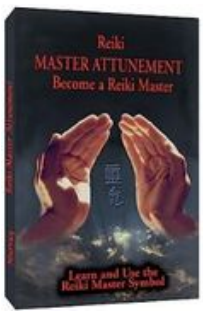
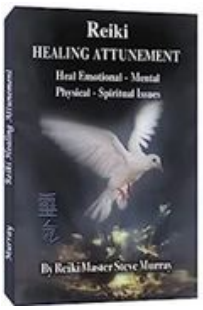


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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